

FOUNDATION COURSE FOR 1st MBBS 2019-20.

| DATES | TIMINGS | | | | 5.30 PM TO 6.00 PM |
|------------------|---|--|--|--|-------------------------------------|
| | 9.00AM TO 11.00 AM | 11.00 AM TO 1.00 PM | 1.30 PM TO 4.30 PM | 4.30 PM TO 5.30 PM | |
| AUGUST 01 | Welcoming the Batch | Evolution of BMCRI (Know about your Institution) (Dr. Vishwanath) (Dept. of Biochemistry) | Interaction of parents with Hostel wardens / Teacher. Dr. Dilip (Dept. of Forensic Medicine) Dr. Geetha (Dept. of Pharmacology) | Mr.Kumar (PI, BMCRI) | Leisure & Extra Curriculum activity |
| AUGUST 02 | Orientation to MBBS program & curriculum Dr. Priya HOD, Dept. of Anatomy Overview of MBBS program (CBME) Dr. Girija HOD, Dept. of Physiology | What the student can expect (know about your profession) (Dr. Maruthi Prasad) Dept. of Biochemistry white coat ceremony | Awareness about Ragging (Anti- Ragging committee) | S P O R T S A C T I V I T I E S | |
| AUGUST 03 | H/o medicine Evolution of Allopathic Medicine (pharm) | Alternative complementary Medicine (Pharm) | College visit/ Hospital respective CRs from Community Medicine postings. | | |
| AUGUST 05 | Stress management (Psychiatry Dept) | Skills & Learning methods Dr. Prashanth K S (MEU) | college / Hospital rounds | | |
| | | | | | |

| | | | | | |
|------------------|---|---|---|--|-------------------------------------|
| AUGUST 06 | Health care system & its Delivery, working within a healthcare team (Dr. Selvi, Dr. Sophia, Dr. Kishore (P & SM Dept.)) | | college / Hospital rounds | Mr. Kumar (PI, BMCRI) S P O R T S A C T I V I T I E S | Leisure & Extra Curriculum activity |
| AUGUST 07 | First aid & BLS (P&SM) Dr. Mahesh Krishnamurthy (EM), Dr. Prakash (Med), Dr. Sudheesh Kannan (Anesth) | National Health policies & priorities Dr. Jyothi, Dr. Ranganath, Dr. Navya (P & SM Dept.) | college / Hospital rounds | | |
| AUGUST 08 | Orientation to community Roll No : 1 - 125 Roll No : 126 - 250 | | Skill Lab Community visit | | |
| AUGUST 09 | Roll No : 1 - 125 Roll No : 126 - 250 | | community visit skill lab | | |
| AUGUST 13 | Career pathways & personal growth after MBBS (Dr. Lakshman) | National health policies & priorities (P&SM) Dr. Jyothi, Dr. Ranganath, Dr. Navya | Life skills training Dr. Shobha, Dr. Selvi, Dr. Jyothi, (P & SM Dept.) | | |
| AUGUST 14 | Vaccination schedule Dr. Vani, Dr. Kishore (P & SM, & Pediatrics) | Time management Dr. Prashanth Kumar Biochemistry Dept. | Life skills training Dr. Shobha, Dr. Selvi, Dr. Jyothi (P & SM Dept.) | | |

| | | | | | | |
|------------------|---|--|--|-------------------------|--|--|
| AUGUST 16 | Communication skills, group dynamics & interpersonal communication Dr. Hamsa, Dr.Ranganath (P & SM Dept.) | Physicians Role in the society Dr. Venkatesh Physiology Dept. | Life skills training Dr. Shobha, Dr. Selvi, Dr. Jyothi (P & SM Dept.) | Mr.Kumar (PI ,BMCRI) | S P O R T S A C T I V I T I E S | Leisure & Extra Curriculum activity |
| AUGUST 17 | Principles of primary care Dr. Jyothi, Dr. Navya (P & SM Dept.) | Medical records/ Documentation / Hospital management Dr. Shathrunjayan (Physiology Dept.) Dr. Lakshmidevi(Anatomy Dept.) | Life skills training Dr. Shobha, Dr. Selvi, Dr. Jyothi (P & SM Dept.) | | | |
| AUGUST 19 | Safety - Biomedical waste management Biohazards safety Dr. Asima Banu Microbiology Dept. | Universal Precaution Hand wash workshop measures Dr. Asima Banu Microbiology Dept. | Life skills training Dr. Shobha, Dr. Selvi, Dr. Jyothi (P & SM Dept.) | | | |
| AUGUST 20 | Medical Ethics, professionalism, Dr. Venkataraghava, Professor, Dept. of Forensic Medicine, Dr. Anand Alladi (MEU) | Medical Ethics attitude & behavior (Psychiatry Dept) | Language | | | |
| AUGUST 21 | Relating to patient's experience of a disease, communication with patient & families What it means to be a Doctor. AETCOM 1.1 1 Hour Lecture Followed by small group activity Dr. Shathrunjayan, Dept. of Physiology, | | Language | | | |

| | | | | | |
|------------------|--|---|----------|---------------------------|--|
| AUGUST 22 | Academy Ambience Dr. Selvi (P & SM Dept.), Dr. Savita (OBG), Dr. Venkatesh (Physio), Dr. Kavitha (Pharm) | Information Technology in Medicine. Dr. Anitha Biochemistry Dept., Dr. Praveen (Pharm), Dr. Venkatesh (Physio) | Language | Mr. Kumar (PI , BMCRI) | S P O R T S A C T I V I T I E S Leisure & Extra Curriculum activity |
| AUGUST 23 | 1.Role of physician in society. Dr. Nagaraj & Dr. Raveendra (Dept. of Medicine) 2.Importance of hobbies & extracurricular activities. Dr. Akhilandeswri (Dept. of Anatomy) | Research methodology Dr. LN Kamath (Dept. of Pharmacology) | Language | | |
| AUGUST 24 | Computer skills (Mr. Naganarasimha) | Computer skills (Ms. Sowkya) | Language | | |
| AUGUST 26 | Life skills | Life skills | Language | | |
| AUGUST 27 | Display of Talent by the students (Anatomy & Biochemistry) | | Language | | |
| AUGUST 28 | Yoga – Meditation & Pranayama | | Language | | |
| AUGUST 29 | How to safeguard yourselves. 1.Self Defense. (Police personnel) 2.Verbal Defense. | Nutrition & Hygiene Dietician (VH) | Language | | |
| AUGUST 30 | Computer Skills (Mr. Suchit) | | Language | | |
| AUGUST 31 | Feedback & Evaluation | | Language | | |